

# INTRODUCING SHOCKWAVE THERAPY

COMING SOON TO  
QUARRY PARK CHIROPRACTIC & WELLNESS CENTRE



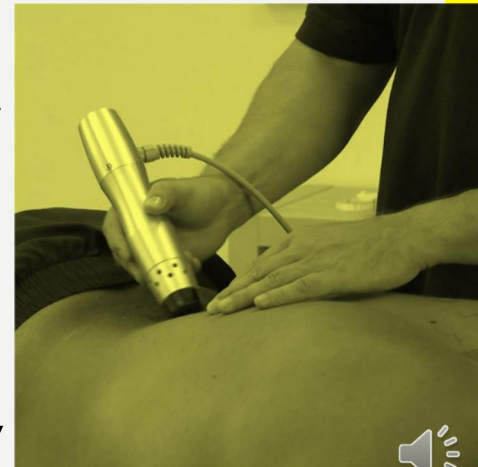
# **NEW!** SHOCKWAVE THERAPY

## **A PROVEN, DRUG-FREE, PERMANENT & NON-INVASIVE SOLUTION TO PAIN**

Radial Shockwave Therapy uses an **acoustic sound wave** which carries high energy to painful spots and myoskeletal tissues for the **accelerated healing** of subacute, subchronic and chronic conditions. The energy promotes regeneration and reparative processes of the bones, tendons and other soft tissues.

These mechanical pressure waves are widely used to treat musculoskeletal conditions, such as:

- ✓ myofascial **trigger points**
- ✓ **deep back pain, shoulder, knee and hip pain**
- ✓ **tendonitis, bursitis, plantar fasciitis, shin splints, tennis elbow** and others



## Shockwave therapy generates virtually immediate results.

Shockwave therapy involves directing a short series of **high-energy sound waves** at injured tissues.

This treatment produces an inflammatory response in the body, which increases metabolic activity around in the area of pain and discomfort, stimulating and **accelerating the healing process, breaking down scar tissue and calcifications.**

Shockwave therapy offers **long-term relief from chronic pain** and discomfort in the affected area. As a **non-invasive treatment**, sessions only take between 5-10 minutes. In most cases, a course of shockwave therapy can be completed in 3-5 sessions, allowing patients to quickly return to their normal work or sporting activities.

## SHOCKWAVE IS FOR YOU IF...



You have had **chronic pain or inflammation** (lasting 12+ weeks)

You suffer from **repetitive strain injuries**

You suffer from conditions like **tendonitis or bursitis, myofascial pain or IT band syndromes**

You suffer from **plantar fasciitis, bunions or shin splints**

You have **neuromas, calcification, scar tissue or adhesions**

You have **reduced mobility or range of motion**



## Shockwave therapy: Fast & Effective

Effectiveness rates for this well-tested treatment are excellent, typically in the range of 90% when combined with Chiropractic care.

Multiple research studies have found that in many cases, relief can be achieved after just 2-3 treatments, with overall success rates of:

- 91% for calcific tendinitis of the shoulder and Achilles tendinopathies
- 90% for Plantar fasciitis
- 77% for Tennis elbow

Imagine how effective **combining Shockwave with Chiropractic & Class IV Laser** will be!?

## SHOCKWAVE IS FOR YOU IF...



You have had **chronic pain or inflammation** (lasting more than 12 weeks)

You have conditions of the tendons / **tendonitis** or bursa / **bursitis**, **myofascial pain** or **IT band syndromes**

You suffer from **plantar fasciitis**, **bunions** or **shin splints**

You have **neuromas**, **calcification**, **scar tissue** or **adhesions**

You have **reduced mobility** or **range of motion**



# SHOCKWAVE VS. CLASS IV LASER

## RADIAL SHOCKWAVE

**Treat challenging & chronic conditions**

- Heel Spurs / Plantar Fasciitis
- Myofascial Pain Syndromes
- Tendinopathy / Tendonitis / Bursitis
- Osteoarthritis / Tendon Calcifications / Adhesions



## THERAPEUTIC CLASS IV LASER

**Treat a large variety of acute & lasting conditions**

- Arthritis / Fractures
- Peripheral Neuropathy / Swelling
- Soft Tissue Injuries / Whiplash
- TMJ, Headaches & Migraines
- Herniated Disc



**Please note:**

*Not all therapeutic lasers in Canadian market can treat all of these conditions, but ours does!*

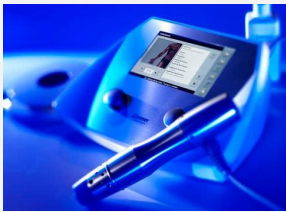


# SHOCKWAVE VS. CLASS IV LASER

## RADIAL SHOCKWAVE

**Shockwave therapy generates virtually immediate results. Even after one treatment, patients usually report:**

- ✓ A significant reduction in pain
- ✓ Improved mobility (range of motion)
- ✓ More normalized muscle tone
- ✓ Muscle 'knots' or tightness are gone or noticeably relaxed



## THERAPEUTIC CLASS IV LASER

**Therapeutic laser promotes deep healing of damaged tissue or bone, distinguishing it from other electrical stimulation or ultrasound.**

**Although healing times vary, patients notice:**

- ✓ A reduction in pain / inflammation / swelling
- ✓ Enhanced lymphatic drainage
- ✓ Release or tight muscles and improved joint mobility
- ✓ Faster bone repair



# SHOCKWAVE VS. CLASS IV LASER

## RADIAL SHOCKWAVE

### Treatment:

- Delivers about **2,000 pulses per area**, approx. 5-mins each
- Acute conditions: require 1-3 treatments with intervals of 5-7 days
- Chronic conditions: 4-8 treatments with intervals of 3-5 days, allowing body 'rest & repair' time to allow for natural, accelerated healing



### Please note:

Each treatment is cumulative, typically offering immediate relief. Treatment may be mildly uncomfortable, since it lasts only about 5-mins, most are able to tolerate. Additionally, intensity can be adjusted throughout the session.

## THERAPEUTIC CLASS IV LASER

### Treatment:

- Powerful Class 4 Lasers, such as ours, can deliver **400 Joules of energy** (typical low back treatment) in <2-mins - *weaker lasers could take hours per area!*
- Acute conditions: varies depending on severity – 4-6 treatments may be sufficient
- Chronic conditions: varies depending on severity – may require 6-12+ treatments. Severe arthritis or migraines may require ongoing periodic care



### Please note:

Each treatment is cumulative, with results often felt immediately, noticeable to most by 4<sup>th</sup>-5<sup>th</sup> treatment. During treatment you may feel a mild, soothing warmth or tingling. Areas of pain or inflammation may be briefly sensitive or achy during healing.

**Shockwave  
is here !**





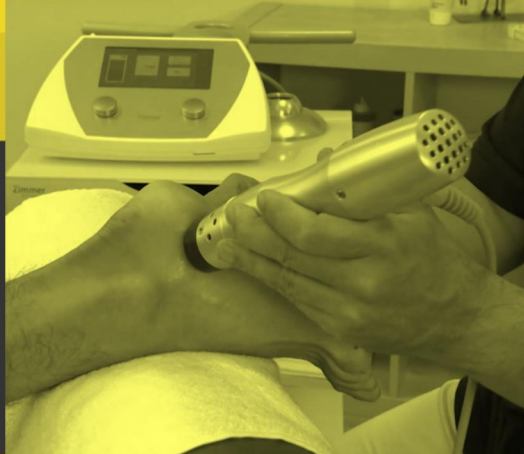
Looking For  
A Proven Drug  
**Free Pain**  
Solution?



**Permanent,  
Non-Invasive  
Solutions for  
Pain relief**



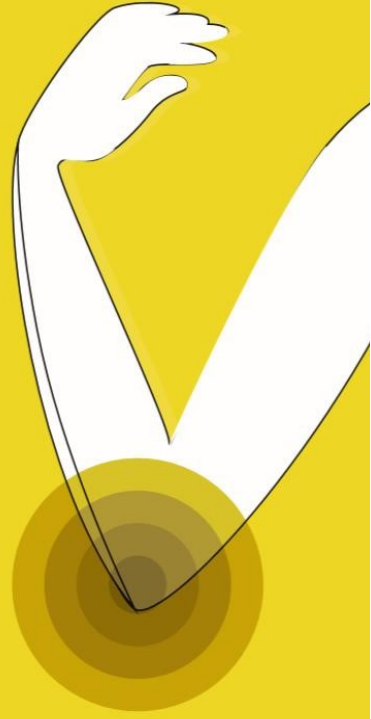
# Plantar Fasciitis Pain?



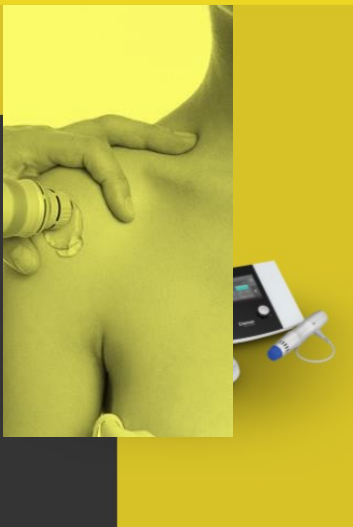
# Knee Pain?



# Elbow Pain?



# Shoulder Pain?



# Neck Pain?



# Back Pain?





# Feel Better Quicker

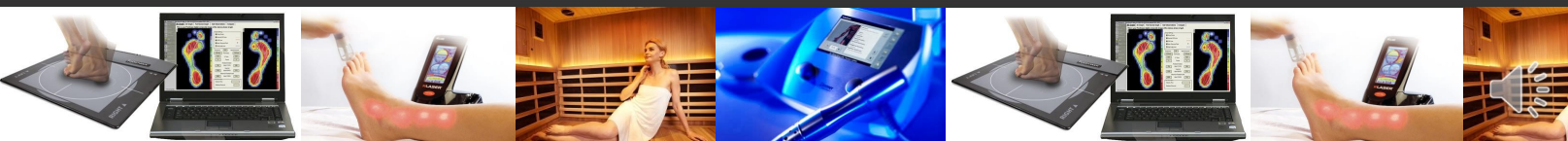


**Ask For Details Today**

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direct insurance billing available 

**Our clinic uses state  
of the art technologies  
so our patients can get  
back to life faster**





- CHIROPRACTIC
- THERAPEUTIC CLASS IV LASER
- SHOCKWAVE THERAPY
- FULL SPECTRUM INFRARED SAUNA
- CUSTOM FOOT ORTHOTICS
- MASSAGE
- ACUPUNCTURE

# FEEL BETTER. LIVE BETTER.

**COMBINATION TREATMENTS AVAILABLE**

